



# "Kids Making a Difference"

## Lets Share the Love!!



### In celebration of Valentine's Day!

MCCA centers will be collecting food  
February 16 - March 3, 2010

to support

**Manna Food Center's  
Smart Sacks Program**

Manna Smart Sacks provide children with a backpack full of kid-friendly food every Friday so they have food to eat on the weekends when there are no school breakfasts or lunches to nourish them

Please donate foods from the list on the back and place it in the box at your center

**Together We Can All Make A Difference!!!**

Here is the list of the food Manna needs for Smart Sacks,  
Manna's backpack program for children

- ☐ Peanut Butter in 18oz jars or smaller
- ☐ Small Fruit Cans/Cups
- ☐ Individual Applesauce Cups
- ☐ Juice Boxes that are 100% juice or contain Vitamin C
- ☐ Easy Mac
- ☐ Mac and Cheese
- ☐ Microwavable Bowls of Pasta
- ☐ Canned Pasta
- ☐ Individual Cereal Boxes
- ☐ Oatmeal Packets
- ☐ Tuna Fish, especially in vacuum packages or 3oz cans
- ☐ Crackers packaged in a sleeve, like Ritz or Saltines
- ☐ Pudding Cups
- ☐ Cereal Bars or Granola Bars containing vitamins or protein
- ☐ Individual Raisin Boxes or Other Dried Fruit
- ☐ Small packages of peanuts
- ☐ Microwavable Containers of Soup, especially Chicken Noodle and Tomato
- ☐ Kid-Friendly Cans of Soup - Chicken Noodle, Tomato
- ☐ Pouches of Mashed Potatoes or Rice that require only adding water
- ☐ Individual Containers of Other Non-Perishable, Nutritious, Kid-Friendly, Easy-to-Prepare Food